

## My Plan Today Is...

Creating a daily plan with your kids can help them prioritize their day and stay on task. Use the "My Plan Today Is..." worksheet to help your children structure their day. Knowing what their need to's are reminds them what must get done so they can do move on to their want to's list.

Need To's	Order	Done
Want To's	Order	Time
Want To's	Order	Time



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## My Plan Today Is... (example)



Need To's	Order	Done
Make my bed and clean up my room	5	
Feed the cat	1	Х
School Work - Math	2	Х
School Work - History	3	
Read for 30 minutes	4	
Fold my laundry	6	

Want To's	Order	Time
Play my video game	After #5 is done	30 min
Watch a movie	After supper	
Talk to my friends online	After #4 is done	30 min
Play basketball	After #2 is done	30 min

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