



Need Help? **You are not alone**

Call or Text



- Mobile Crisis Response Team- 775-688-1670
- Crisis Support Services of NV- 800-273-8255
- Text: CARE to 839863
- Suicide Prevention Hotline- 800-273-TALK
- SafeVoice- 833-216-SAFE (7233)
[www. safevoicenv.org](http://www.safevoicenv.org)
- Reno Behavioral Healthcare Hospital-
- 775-393-2201
- West Hills Hospital- 800-242-0478
- Renown Hospital- 775-982-5318
- St. Mary's Hospital- 775-770-3000
- Northern Nevada Medical Center- 775-331-7000

*Pause and remember, there is .
always hope...*