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**May 9, 2024, Edition.**

**Prepared by selected members of the Success Skills and Yearbook classes. Enjoy!**

**Incline Middle School Track Updates!**

By: Jayden Jenkins

The IMS track team had their first meet on the 25th of April at Galena High School in Reno. Here are some of the notable performances: 100 meters, 7th grade boys Trevor Thorne got 2nd place with a time of 13.22, and Nicholas Pannone got 3rd place with a time of 13.37. 100 meters, 8th grade boys Jaxon Abbate got 2nd place with a time of 12.72, and Xavier LaForge got 5th place with a time of 13.03. 200 meters, 7th grade boys Nicholas Pannone got 3rd place with a time of 28.90, and Trevor Thorne got 5th place with a time of 29.37. 200 meters, 8th grade boys Jaxon Abbate got 3rd place with a time of 27.22. 200 meters, 7th grade girls Nicole Salas got 3rd place with a time of 32.00. 400 meters, 7th grade boys Nicholas Pannone got 2nd place with a time of 1:05.75. 400 meters, 8th grade boys Austin Morris got 3rd place with a time of 1:03.91. 400 meters, 7th grade girls Haddie Rudd got 3rd place with a time of 1:17.81. 800 meters, 8th grade boys Jaxon Abbate got 3rd place with a time of 2:39. 800 meters, 8th grade girls Saige Nolan got 1st place with a time of 2:59, and Aspen Reichert got 2nd place with a time of 3:15. 1600 meters, 8th grade boys Xavier LaForge got 4th place with a time of 6:11. 1600 meters, 8th grade girls Saige Nolan got 2nd place with a time of 6:39. 80m hurdles -33” 8th grade boys Xavier LaForge got 1st place with a time of 13.47, and Larsen Beenk got 5th place with a time of 17.00. 200m hurdles-30” 7th grade boys Francisco Jones got 3rd place with a time of 33.90, and Salomon McMahan got 5th place with a time of 35.60. 4x100 relay, 7th grade boys team one Nicholas Pannone, Trevor Thorne, Salomon McMahan, and Francisco Jones got 1st place with a time of 54.87. 4x100 relay 8th grade boys team one, Austin Morris, Jaxon Abbate, Reeve Denton, and Xavier LaForge got 2nd place with a time of 54.50. 4x100 8th grade girls relay team one, Zoe Richards, Isabela Aguilar, Kaylee Alamilla, and Zoe Garcia got 4th place with a time of 1:01.43. 4x400 7th grade boys, Leo Darran, Tonalli Boyce, Franciso Jones, and Salomon McMahan got 3rd place with a time of 5:04.34. 4x400 8th grade boys Austin Morris, Damyan Avila, Reeve Denton and Leo Dukes got 4th place with a time of 5:01.56. 4x400 8th grade girls Nicole Salas, Haddie Rudd, Aspen Reichert, and Zoe Garcia got 3rd place with a time of 5:24.51. Shot Put-8lb., 8th grade boys Damyan Avila got 4th place with a distance of 28-07 and Reeve Denton got 5th place with a distance of 27-10. Shot Put-6lb, 8th grade girls Aspen Reichert got 3rd place with a distance of 22-05. Discus-1kg 7th grade boys Francisco Jones got a distance of 60-04. Discus-1kg 8th grade boys Xavier LaForge got 2nd place with a distance of 90-02. High jump 8th grade boys, Xavier LaForge got 2nd place with a height of 5ft. Long jump 8th grade boys Xaiver LaForge got 1st place with a distance of 15-07.

Long Jump 8th grade girls Zoe Richards got 4th place with a distance of 10-04. Triple jump 8th grade boys Xavier LaForge got 2nd place with a distance of 30-08, Reeve Denton got 3rd place with a distance of 29-09, and Larsen Beenk got 4th place with a distance of 28-08. The track team had another meet on May 2nd at Whittell High School. See those results later in this issue.

**Girls Softball Updates**

By: Jayden Jenkins

Incline girls’ softball has had a total of 2 games so far. One on the 20th against Truckee Bulldogs with a score of 3-2, and one on the 27th against North Tahoe with a score of 15-5. An upcoming game on the 4th at 9:30am and 12am at Incline softball fields, on field one. Some more upcoming games are:

May 11th 3pm at Truckee Regional Park small field,

May 18th 5:30pm at North Tahoe Regional Park field #2.

**How do 8th graders feel about going into high school?**

By: Jayden Jenkins

**Sarah**-

Nervous: getting lost in the halls

Excited: Volleyball

**Misha**-

Nervous: Combining with LTS

Excited: Meeting back up with her friends

**Maria**-

Nervous: meeting new people

Excited: have more sport options

**Rodrigo**-

Nervous: getting jumped and bullied

Excited: To see everybody

**Leo**-

Nervous: seeing Lauren

Excited: seeing Lauren

**Miguel**-

Nervous: being in a whole new school

Excited: playing sports like football

**Damyan**-

Nervous: being in a whole different school

Excited: playing football and the other sports

**Xavier**-

Nervous: being a super senior

Excited: new school

**Ryder**-

Nervous: the super seniors

Excited: the sports

**Jayden J**-

Nervous: the new school

Excited: softball

**Unscramble the Word**

By: Katie Nelson

1. orelFsw \_\_\_\_\_\_\_\_\_\_\_\_\_

2. oBlom \_\_\_\_\_\_\_\_\_\_\_\_\_

3.stleaP \_\_\_\_\_\_\_\_\_\_\_\_\_

4. ndaGre \_\_\_\_\_\_\_\_\_\_\_\_\_

5.olrFal \_\_\_\_\_\_\_\_\_\_\_\_\_

6.ossBlom \_\_\_\_\_\_\_\_\_\_\_\_\_

7.eatruN \_\_\_\_\_\_\_\_\_\_\_\_\_

8.tfiG \_\_\_\_\_\_\_\_\_\_\_\_\_

9.tueBya \_\_\_\_\_\_\_\_\_\_\_\_\_

10.saVe \_\_\_\_\_\_\_\_\_\_\_\_\_

11.niSrpg \_\_\_\_\_\_\_\_\_\_\_\_\_

**M&M Pretzel Cookies**

By: Mya Miller

**Ingredients:**

· 1/2 cup butter, cubed.

· 2 cups sugar

· 1/2 cup 2% milk

· 2 tablespoons baking cocoa

· 1 cup creamy peanut butter

· 2 teaspoons vanilla extract

· 3 cups quick-cooking oats

· 1 cup coarsely crushed pretzels.

· 1 cup milk chocolate M&M's

**Directions:**

1. In a large saucepan, combine the butter, sugar, milk, and cocoa. Bring to a boil over medium heat, stirring constantly. Cook and stir for 1 minute.

2. Remove from heat; stir in peanut butter and vanilla until blended. Stir in oats; let stand for 5 minutes to cool. Fold in pretzels and M&M's. Drop mixture by tablespoonfuls onto waxed paper-lined baking sheets. Refrigerate until set.

**Get To Know Annabelle, Jolie, and Bode:**

by Justine Daniel

(Featuring 6th graders)

Q: *What is your favorite candy?*

Annabelle: Twix

Jolie: Nerds Gummy Clusters

Bode: Reece’s Peanut Butter Cups

Q: *Do you have any pets?*

Annabelle: I have one dog.

Jolie: I have 5 fish.

Bode: I have a black cat and a brown dog.

Q: *What is your favorite color?*

Annabelle: Blue

Jolie: Purple

Bode: Blue

Q: *What are your favorite hobbies?*

Annabelle: Hanging out with friends and playing volleyball.

Jolie: Softball, hanging out with friends, and drawing.

Bode: Practicing baseball, hanging out with friends, and eating.

Q: *Who is your best friend?*

Annabelle: Jolie

Jolie: Annabelle

Bode: Mac and Harper

Q: When is your birthday?

Annabelle: January 28th

Jolie: January 13th

Bode: October 20th

Q: *What sports do you play/do?*

Annabelle: Volleyball, softball, flag football, and skiing

Jolie: Softball, skiing, volleyball, and this year I am going to play soccer.

Bode: Wrestling, baseball, flag football, skiing, and swimming

Q: *What was the best vacation you have been on, or you are going to go on?*

Annabelle: Mexico

Jolie: I am going to go to New York City

Bode: Tahiti with Harper and Mac

Q: *What is your favorite movie or TV show?*

Annabelle: *Sandlot*

Jolie: *Outer Banks*

Bode: *Zombie Land* (number 1)

Q: *What was your most embarrassing moment?*

Annabelle: I tripped on the stairs in front of a bunch of people.

Jolie: I waved at someone who wasn’t waving at me.

Bode: Getting pantsed in 5th grade.

**Questions and Answers with Mr. Brien** by Justine Daniel

Q: *What are your three favorite subjects to sub for?*

A: Social Studies, Math, and Science.

Q: *Where did you grow up?*

A: Las Vegas.

Q: *What do you like best about subbing?*

A: How crazy you kids are. You actually make this job super fun. This school is awesome.

Q: *What is your favorite movie (s) and TV show (s)?*

A: *Shrek 2, True Detectives,* and *Shameless*.

Q: *What sports did you play growing up?*

A: I ran Cross Country and Track. But I enjoy playing all sports that are competitive.

Q: *What car do you drive?*

A: 1999 Jeep Grand Cherokee

Q: *What is your dream car?*

A: Ford Raptor

Q: *Where did you go to college?*

A: I went to college right here in Incline at Sierra Nevada University and graduated with a degree in Biology.

Q: *Do you ski or snowboard?*

A: I ski, but I don’t enjoy it that much.

Q: *What was the happiest moment in your life/best thing that ever happened to you?*

A: When I moved to Incline Village and started living on my own.

**Summer Countdown**

(As of May 9th)

We now have only 25 days left of school, which is more or less 5 weeks.

\*Teachers: We all know you need this!

**After school snacks**

by Ashlyn James

**Cinnamon Tostadas**

*Ingredients*:

\* 1 tbsp. light-brown sugar

\* 1/4 tsp. ground cinnamon

\* 1 1/2 tsp. butter

\* 2 10-inch whole-wheat tortillas

*Directions:*

Step 1: Heat broiler, with rack 4 inches from heat. Place tortillas on a baking sheet. In a small bowl, combine sugar and cinnamon. Dividing evenly, spread butter on one side of each tortilla: sprinkle with cinnamon sugar.

Step 2: Broil until sugar is golden brown and has melted, 1 to 2 minutes. (Tortillas will puff under broiler and become flat again once taken out.) Cut each tortilla into wedges.

**What Are You Looking Forward to This Summer?**

by Mya Miller

Katie- Hanging out with my friends.

Kaylee- Being at the beach every day.

Ashlyn- Going to New Zealand.

Sky- My cousin is coming this summer.

Mya- Ski camps, tubing.

Amilia- The beach.

Caleb- Hanging out with friends.

Jack- Sleeping.

Harper- No school and no winter.

Isabella- Going to the beach with friends.

Ninel- Relaxing.

Jolie- Tubing, hanging out with friends, and going to the Hyatt.

Bode- Spending weeks at a ranch.

Mason- Going around the country.

**Track Updates pt.2**

By: Jayden Jenkins

The Incline track team had a meet on May 2nd at Whittell High School in Zephyr Cove, these are the results. 100 meters, 7th grade Nicholas Pannone got 1st place with 13.25, and Trevor Thorne got 2nd place with 13.28. 100 meters, 8th grade boys Jaxon Abbate got 2nd place with a time of 12.64. 200 meters, 7th grade boys Nicholas Pannone got 2nd place with a time of 27.89, while Trevor Thorne got 4th place with a time of 29.13, and Francisco Jones got 5th place with a time of 29.40. 200 meters, 8th grade boys Jaxon Abbate got 1st place with a time of 26.71. 400 meters, 6/7th grade Diego Garcia got 5th place with a time of 1:07. 800 meters, Austin Morris got 3rd place with a time of 1:01.25. 800 meters, 8th grade boys Jaxon Abbate got 3rd place with a time of 2:31. 800 meters, 8th grade girls Saige Nolan got 2nd place with a time of 2:58, and Aspen Reichert got 5th place with a time of 3:18. 3200 meters, 8th grade girls Saige Nolan got 1st place with a time of 14:09, and Lily Mainer got 2nd place with a time of 14:55. 80m Hurdles-30” 7th grade boys Francisco Jones got 5th place with a time of 15.74. 80m Hurdles-33” 8th grade boys Larsen Beenk. 80m Hurdles-30” 8th grade girls Aspen Reichert got 4th place with 16.25. 200m Hurdles-30” got 5th place with a time of 33.33 is Francisco Jones. 200m Hurdles-30” 8th grade boys Larsen Beenk got 4th place with a time of 34.89. 200m Hurdles-30” Nicole Salas got 4th place with a time of 36.75. 4x100 relay, 7th grade boys team one Trever Thorne, Nicholas Pannone, Fransisco Jones, and Teague Searle got 1st place with a time of 54.49. 4x100 relay, 8th grade boys team one Austin Morris, Jaxon Abbate, Reeve Denton, and Damyan Avila got first place with a time of 53.08 and team two Larsen Beenk, Rodrigo Tarazona, Miguel Avila, and Leo Dukes got 5th place with a time of 58.41. 4x100 relay 8th grade girls team one Zoe Richards, Zoe Garcia, Nicole Salas, and Haddie Rudd got 5th place with a time of 1:00.63. 4x400 relay 7th grade boys team one Fransisco Jones, Saloman McMahan, Nicholas Pannone, and Trever Thorne got 1st place with a time of 4:36. 4x400 relay 8th grade boys team one Miguel Avila, Damyan Avila, Reeve Denton, and Leo Dukes got 4th place with a time of 4:45. 4x400 relay 8th grade girls team one Zoe Garcie, Sky Balfour, Zoe Richards, and Kaylee Alamilla got 4th place with a time of 5:19. Shot put- 6lb 8th grade girls Aspen Reichert got 3rd place with a distance of 23-04. Discus- 1kg 7th grade boys Francisco Jones got 4th place with a distance of 68-04. High jump 8th grade boys Reeve Denton for 2nd place with a height of 4-06. Long jump 8th grade boys Reeve Denton got 4th place with a distance of 14-08. Triple jump 8th grade boys Reeve Denton got 3rd place with a distance of 31-03, and Larsen Beenk got 5th place with a distance of 29-00.

**Top ten fruits to eat during summer!**

by Jayden Jenkins

10) Grapes

9) Gooseberries

8) Apricots

7) Raspberries

6) Peaches

5) Strawberries

4) Cherries

3) Watermelon

2) Blackberries

1) Blueberries

Source: <https://www.finedininglovers.com/article/summer-fruits-know-eat>

