**Clayton Physical Education Make-Up Assignment**

Dear Student,

Consider one of the topics listed below and write at least a one page paper pertaining to the topic that you choose. Write one paper for each day you are absent. Your paper must have an introductory paragraph, 3 body paragraphs, and a conclusion paragraph (5 paragraphs in all). Each paragraph must have five or more sentences each.

***Each topic and one page paper is equal to one day absent from P.E.***

*1. Physical Education is all about...*

2*. Co-ed (boys/girls mixed classes) is good/not good because....*

3*. How does Physical Education help students become more intelligent?*

*4. How can exercise and P.E. help reduce stress?*

*5*. W*hy is it important to exercise your cardiovascular and cardiorespiratory* s*ystems?*

*6. Ho*w *can a student become the best he/she can be?*

7. *My dream P.E. class would be like....*

*8. How can teachers motivate students to participate in P.E.?*

9*. Tell me about someone you consider to be a hero. Explain why you feel this way about this person.*

*10. How can we incorporate different school subjects into P.E. (science, social studies, math, language arts)*?

Please remember to write your name, date, and P.E. period in the top right corner and email your paper to your P.E. Teacher.

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