

Social Emotional Support

Safe Talk for Teens – this program helps kids as early as possible to establish positive coping skills, make good decisions, and set goals. They helps kids in school and to have positive family relationships

Safetalkforteens.org

Children's Cabinet Mentoring+ – This program consists of monthly, one-on-one mentoring in addition to family and/or group activities or events.

Contact: Lacy Keele

LKeele@childrenscabinet.org

Redirect Athletics – Their mission is to help youth and adults find a healthy outlet for everyday life through one on one mentoring and athletic training.

Email: info@redirectathletics.com

HIANN – Head Injury of Northern Nevada promotes education and awareness of the needs of brain injury survivors, they promote brain injury programs, provide emotional support, resources, recreation, and cognitive, educational, physical, nutritional, and vocational training to its members.

<https://www.hiann.org/>



My Specialty Care

Tips for Resolving Differences!

- Meet with school and/or district staff
- Present concerns without pointing blame
- Focus on what the issues are, not on individual opinions
- Listen respectfully to the ideas of others
- Brainstorm ways around differences
- Celebrate progress made toward agreement

Tutoring Supports

Brainfuse HelpNow – Live, on-demand homework help and state-aligned skills building lessons from expert tutors

<http://main.washoecounty.nv.brainfuse.com/>

Learning Express – Features nearly 1,000 online tutorials, practice tests, and eBooks for all ages

Washoecountylibrary.us/downloads/learning-express.php

DLS – Dyslexia Learning Solutions provides customized instruction that meets the needs of students struggling academically.

<http://www.dyslearning.com/>

Mindplay – An individualized reading intervention that features virtual reading teachers. They emulate one-to-one tutoring instruction and support. In the words of one of our teachers, "you have to pay, but it is worth it!"

<https://mindplay.com/>



A Simple Guide to Parent Resources



Special Education Support

Nevada PEP – PEP services are about empowering families to be life-long advocates for their children through education and skill building. PEP recognizes that parents are experts on their children; and must learn about disabilities, intervention needs, and how to develop a support system to meet those needs.

<http://www.nvpep.org/>

ACON – The Autism Coalition of Nevada are dedicated to helping children and their families by advocating and providing financial assistance and make sure that services are available to all.

<http://Aconv.org>

Down Syndrome Network – They provide information, education, and support as they raise awareness in Northern Nevada.

<https://www.dsnnn.org/>

JUSTin Hope – Provides financial assistance, community safety, family support, resources, and in-home respite services,

<https://justinhope.org/>

Family Supports

The Parent Project – This program is run by the Sparks Police Department and the goals are to reduce family conflict, reduce juvenile crime, improve school attendance, and increase graduation rates.

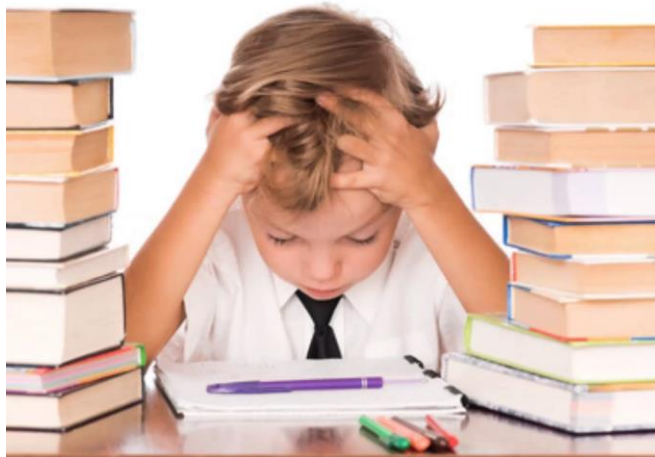
<http://sparkspolice.com/our-community/the-parent-project/>

Family Preservation Program – Provides financial assistance to family members caring for their relatives with developmental disabilities.

<http://adsd.nv.gov/programs/intellectual/familypres/familypreservation/>

The Medical Home Portal – Provides families with extensive information related to financing their child's healthcare services

<https://nv.medicalhomeportal.org/living-with-child/funding-your-childs-special-needs/financing-your-childs-healthcare>



"Having someone help you doesn't mean you failed. It just means you are not alone"

- Unknown

After High School

Path to Independence – An inclusive, two-year, non-degree certificate program offering a college experience to students with intellectual disabilities.

<https://www.unr.edu/nced/projects/nced-p2i>

VOICE – This is a Vocational Rehabilitation program. The program helps young adults learn to identify their employment interests and strengths and then helps them develop the skills they need to be successful.

<https://www.washoeschools.net/Page/968>

Center for Independent Living – This center provides life skills training, peer support groups, advocacy, transition needs, housing, blind and low vision life skills, and more.

<https://www.nncil.org/>